

## ABOUT OUR TEAS

*Afternoon tea at Podium is a special experience, which is why we are delighted to bring you a wide selection of teas to taste. Our tea partner, Hope and Glory, offer only premium, speciality teas, sourced solely from ethical growers. Hope and Glory's motto is: never take for granted those daily cups of tea – don't settle for less, let your tea be the best it can be!*

### CLASSIC

#### ORGANIC ASSAM

A full bodied, black tea sourced from the Assam region of India. Assam teas are renowned for their strength, thickness and malty character.

#### ORGANIC ENGLISH BREAKFAST

A lively, full bodied blend of Assam and Ceylon black teas. Assam providing body and thickness and Ceylon brightness and citrus character.

#### ORGANIC DARJEELING

A light and delicate black tea and the most famous of the Indian teas, renowned for their muscatel, fruity, floral character. Second flush Darjeeling is a seasonal tea, with the best quality teas being plucked during late June and early July.

#### ORGANIC EARL GREY

Earl Grey is scented with Bergamot Oil. Bergamot, a probable hybrid of the sweet lime, gives this blend a distinct citrus character.

### NURTURING

#### ORGANIC PEPPERMINT

This refreshing tisane is naturally caffeine free. Peppermint has traditionally been used to aid digestion, which makes this a perfect afternoon tea drink.

#### ORGANIC CHAMOMILE

This smooth, mellow tisane is naturally caffeine free. Only the finest whole chamomile heads have been selected for this infusion, which produce a light & delicate brew. Chamomile is traditionally revered for its soothing properties, which makes this a perfect drink to relax and unwind.

#### ORGANIC ROOIBOS

This mellow tisane is naturally caffeine free, producing a wonderful deep amber brew, naturally sweet and smooth. Our Rooibos derives from the finest leaves of the Rooibos or Red Bush plant in the Cederberg mountains of South Africa.



## VEGAN AFTERNOON TEA

Weekdays from 2:00pm to 5:00pm  
Saturday and Sunday from 12:30pm to 5:00pm

### SANDWICHES

#### On malted seed bloomer

*Roasted peppers, hummus*

*Tomato, avocado*

*Aubergine caviar*

#### On ciabatta bloomer

*Cucumber, tofu*

*Asparagus,  
black olive tapenade*

### SCONES

Freshly Baked  
Plain | Raisin

Lemon Curd  
Strawberry Jam  
Orange Marmalade

### PASTRIES

Mango parfait  
Raspberry savarin  
Dark chocolate and Mixed berry cup

### FANCIES

Deconstructed black forest gateaux  
Passion fruit, strawberry jelly tartlet

### AFTERNOON TEA

£39.00

### CHAMPAGNE AFTERNOON TEA

£49.00

served with a glass of Pommery Champagne

### TEDDY BEARS PICNIC AFTERNOON TEA

£24.00

Suitable for children from 4 to 12 years old. Pre-booking required. Includes a complimentary teddy bear.

## SIGNATURE

#### ORGANIC MASALA CHAI

A full-bodied blend of organic Ceylon black tea and spices, Masala Chai derives from Hindi literally meaning 'mixed-spice tea'. Spices such as cardamom and cinnamon have been expertly blended to give a warming, rich blend of flavours and a sweet aroma.

#### ORGANIC RED VELVET

A mouth-watering blend, this tisane is naturally caffeine free. Beautifully deep ruby red in colour, with a zingy complexity of juicy orange and ripe berry fruit tones.

### DELICATE

#### ORGANIC JASMINE PEARLS

A classic hand-rolled green tea with a delicate and clean scent of Jasmine.

#### ORGANIC CHAQUOING GREEN

A mellow green tea, producing an attractive bright clear liquor. Sourced from one of Sri Lanka's finest Organic Gardens which is known for producing some of the world's best Green Teas.

#### RELAX TEA

A rare blend of nurturing infusions and Green tea carefully selected to deliver this nurturing and soothing blend, ideal at anytime of the day

#### LAPSANG SOUCHON

A rare, organic, smoky Lapsang Souchon single estate tea – with deep aromas, flavours and a sparkling liquor.

#### VANILLA CHAI

A signature Chai recipe unique to Hope & Glory® - blending the ingredients of our award-winning Organic Masala Chai with vanilla to create a sweet, spicy fragrant tea experience. Try it the traditional Indian way – brewed in a pan with milk and water.

### WHITE TEA

#### WHITE ASSAM

£5 SUPPLEMENT

The long white tips of whole-leaf of this Assam white tea have a rich floral aroma and produce a rich, yet clean and fresh liquor. Rarely sourced from a High Grown garden in Assam.

### CHAMPAGNE AND SPARKLING TEA

#### BLÅ SPARKLING TEA

(Non-alcoholic)

Splendidly refreshing with a delicate aroma of jasmine.

£55.00 750ml

#### POMMERY BRUT ROYAL | NV

Vivacious, showing citrus and white flowers with a perfectly long, rounded finish.

£15.00 125ml

£79.00 750ml



Should you have any special dietary requirements or allergies, please ask for the manager. All prices include VAT. A discretionary 12.5% service charge will be added to your final bill.