



## ABOUT OUR TEAS

Afternoon tea at Podium is a special experience, which is why we are delighted to bring you a wide selection of teas to taste. Our tea partner, Hope and Glory, offer only premium, speciality teas, sourced solely from ethical growers.

### CLASSIC

#### ORGANIC ASSAM

A full bodied, black tea sourced from the Assam region of India. Assam teas are renowned for their strength, thickness and malty character (0 kcal).

#### ORGANIC ENGLISH BREAKFAST

A lively, full bodied blend of Assam and Ceylon black teas. Assam providing body and thickness and Ceylon brightness and citrus character (0 kcal).

#### ORGANIC DARJEELING

A light and delicate black tea and the most famous of the Indian teas, renowned for their muscatel, fruity, floral character (0 kcal).

#### ORGANIC EARL GREY

Earl Grey is scented with Bergamot Oil. Bergamot, a probable hybrid of the sweet lime, gives this blend a distinct citrus character (0 kcal).

### NURTURING

#### ORGANIC PEPPERMINT

This refreshing tisane is naturally caffeine free. Peppermint has traditionally been used to aid digestion (0 kcal).

#### ORGANIC CHAMOMILE

This smooth, mellow tisane is naturally caffeine free. Only the finest whole chamomile heads have been selected for this infusion, which produce a light & delicate brew. (0 kcal)

#### ORGANIC ROOIBOS

This mellow tisane is naturally caffeine free, producing a wonderful deep amber brew, naturally sweet and smooth (0 kcal).

## WINTER WONDERLAND AFTERNOON TEA

Thursday 1st December - Tuesday 3rd January  
Served every Monday - Sunday  
from 12.30 - 6.00pm, last seating 4.30pm

### SANDWICHES

#### On brioche bread

Smoked Salmon, Horseradish & Grated Apple  
(176 kcal)

Coronation Chicken, Pineapple  
& Golden Raisins (382 kcal)

#### On white bread

Egg, Mayonnaise & Mustard Cress (123 kcal)

#### On brown bread

Cucumber, Cream Cheese & Chive  
(219 kcal)  
Tuna & Pommery Mustard  
(166 kcal)

### SCONES

Freshly baked  
Chocolate chip (150 kcal)  
Plain (116 kcal) | Raisin (129 kcal)

Salted caramel spread, (200 kcal)  
Cornish clotted cream (236 kcal)  
& Homemade strawberry jam (112 kcal)

### PASTRIES

Chestnut & Cassis Yule Log (305 kcal)

Santa's Christmas Trifle (347 kcal)

Black Forest Parcel (313 kcal)

Praline Paris-Brest (399 kcal)

Eggnog Mandarin Cheesecake Lolly  
(305 kcal)

Sticky Toffee Pudding & Toffee sauce  
(378 kcal)

### AFTERNOON TEA

£39.00

### CHAMPAGNE AFTERNOON TEA

£49.00

served with a glass of Pommery Champagne

## SIGNATURE

#### ORGANIC MASALA CHAI

A full-bodied blend of organic Ceylon black tea and spices, Masala Chai derives from Hindi literally meaning 'mixed-spice tea' (0 kcal).

#### ORGANIC RED VELVET

A mouth-watering blend, this tisane is naturally caffeine free and deep ruby red in colour (0 kcal).

### DELICATE

#### ORGANIC JASMINE PEARLS

A classic hand-rolled green tea with a delicate and clean scent of Jasmine (0 kcal).

#### ORGANIC CHAQUOING GREEN

A mellow green tea, producing an attractive bright clear liquor (0 kcal).

#### LAPSANG SOUCHON

A rare, organic, smoky Lapsang Souchon single estate tea – with deep aromas, flavours and a sparkling liquor (0 kcal).

#### VANILLA CHAI

A signature Chai recipe unique to Hope & Glory® - blending the ingredients of our award-winning Organic Masala Chai with vanilla to create a sweet, spicy fragrant tea experience (0 kcal).

### WHITE TEA

#### WHITE ASSAM

##### £5 SUPPLEMENT

The long white tips of whole-leaf of this Assam white tea have a rich floral aroma and produce a rich, yet clean and fresh liquor. Rarely sourced from a High Grown garden in Assam (0 kcal).

### CHAMPAGNE AND SPARKLING TEA

#### BLÅ SPARKLING TEA

(Non-alcoholic)

Splendidly refreshing with a delicate aroma of jasmine.

£55.00 750ml

(20 kcal per 100ml)

#### POMMERY BRUT ROYAL | NV

Vivacious, showing citrus and white flowers with a perfectly long, rounded finish.

£15.00 125ml

£79.00 750ml

Food allergy? All produce is prepared in an area where allergens are present. For those with allergies, intolerances, and special dietary requirements who may wish to know about the ingredients used, please ask a member of the Management Team.

All prices include VAT. A discretionary 12.5% service charge will be added to your final bill.